

Mentoring Reflections

fwa.org/spotlight/mentoring-reflections/

Having someone there to help aid in your personal and professional development has been proven to have a positive impact on young people. So, we've asked our mentees and mentors to share the powerful effects of mentorship/mentoring relationships.

"My Mentor, Marline Alexander taught me what an authentic mentor looks like and how to make a meaningful impact in someone's life as a teacher, advocate, and friend. Having Marline in my life has been the biggest blessing of all. I am extremely grateful to the FWA for facilitating this type of connection. It is so rare to find people, of any gender, who are willing to make the time and the commitment necessary to nourish a fulfilling mentor/mentee relationship, yet, every year, the FWA Mentoring Program manages to surpass all expectations.



This program is the beautiful reminder to always reciprocate the investment others have put in you so that you may contribute to the success of the next generation of influential leaders."

Salma Mohamed

Baruch College Bachelors 2016

"I've been part of the FWA Mentoring Program for more than 4 years. This program is not a one-way street. Mentees and mentors both benefit from the experiences together. As mentors, we give advice and are there to help guide mentees along their career journey, in return our reward is the feeling of paying-it-forward by helping these young women reach their goals. Our mentees have such fresh insight on the world around us and I appreciate being in a position to share some of career knowledge I've obtained over the years with such deserving future women leaders."



Marline Alexander

FWA Mentor

“I have been privileged to be a mentor to a wonderful and talented individual. Participating in mentoring activities has given me a keen awareness of the immense value of the program and the life-changing effect that it has on both the mentees as well as the mentors.”

-Katrin Dambrot, FWA President 2017

Katrin Dambrot

FWA President 2015-2017



“The FWA Mentoring Program has given me with an opportunity to have mentors that provide guidance throughout my career. I’m lucky to have two mentors; Jane Bernadini and Alison Lee. Both are incredible, and have passed along useful advice that has been instrumental in both my personal and professional development. The advice shared, and lessons learned from our FWA events, have empowered me and taught me to keep moving forward despite any hardships or obstacles. There are so many opportunities to meet inspiring women and take in all their wisdom and guidance. This, is yet another reason I recommend the FWA Mentoring Program to others. The FWA program has left a lifelong impact on my life. From the relationships, I’ve formed to the many wonderful women I have met. All who have taught me the importance of feeling confident and empowered.”



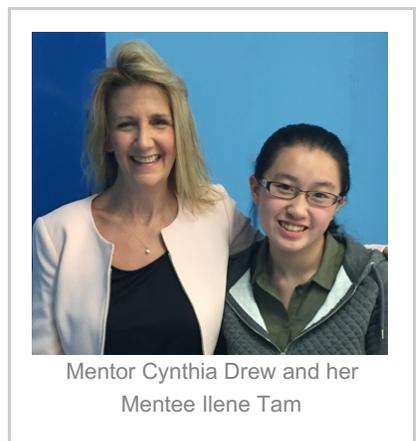
Kiwing Lok

Baruch College Bachelors 2017/Masters 2018

“Mentorship is a wonderful experience! My mentee’s strong work ethic and positive attitude is very reassuring to me as I look at our country’s future. We face so many serious challenges that demand a strong posture and commitment to discovery and growth. Further, it is extremely rewarding to watch my mentee’s growth as I see her confidence develop and result in very discernible ways that I know will afford her a very bright future!”

Cynthia Drew

FWA Mentor



“As part of the FWA’s mentoring program we take trips to colleges and have SAT prep sessions which have helped me get ready to apply to college. With the trip it gave me an insight to the college experience. The SAT prep was able to help me develop new strategies

for the test, therefore improving my scores.”

Ilene Tam

High School for Economics and Finance Junior, Class of 2018

“Being a mentor is an incredible opportunity and the FWA creates the perfect program for professionals to engage in mentoring. I am able to give back to others who value my experience, but gain so much through the relationships built. ”



Annette Stewart

FWA Mentor

FWA’s mentoring program has prepared me greatly in facing one of my greatest fears, interviews. I recall one activity that really stuck with me, learning how to write and perfect an elevator speech. My mentor, Stefani Bollag, has contributed to conquering my fear of interviewing. She devoted a great deal of time and effort to calling me and preparing me with mock interviews. She asked the personal questions that many are often intimidated by during the interview process. This practice allowed me to feel ready when the real interviews came. The FWA has helped me grow aware of who I am. I feel confident and strong enough to face interviews and I now know how to give an elevator speech. Thank you FWA!



Juleissy Brioso

Murry Bergtraum High School For Business Careers Senior, Class of 2017

The FWA’s commitment to their mentees let me know that this was an organization truly invested in molding the corporate world’s future leaders and I knew that I had to be involved. What I am most fond of is that the FWA’s mentoring program extends far beyond any event or experience. The relationship formed with my mentors has carried on even today and the wonderful FWA mentors don’t just mentor young ladies into college, they prepare future women executives for the positions they currently hold. More importantly the FWA mentors fulfill the mission of accelerating the leadership and success of women.



Jasmine N. Mangum

Murry Bergtraum High School For Business Careers, Class of 2012
