

# National Thank Your Mentor Day – January 25

[fwa.org/spotlight/national-thank-your-mentor-day/](http://fwa.org/spotlight/national-thank-your-mentor-day/)

In celebration of #ThankYourMentorDay, we thought it would be the perfect time to acknowledge our members who are active mentors in our FWA high school, college, and Member to Member Mentoring programs.

You never really understand the commitment involved in being a mentor until you become one. Whether you spend your day working with teams to complete a project, have your hands tied juggling soccer practice and PTA meetings, or have a week jam-packed with other commitments like FWA events; sometimes it feels as if there aren't enough hours in the day. Being a mentor involves real motivation, faultless discipline, and dedication. The reward is giving back to the community, building relationships with future women leaders that help improve academic achievement, promote responsible decision-making, and provides skills to better navigate professional relationships.



Baruch Mentee Noor Javed with her Mentor Barbara Bergman



Baruch College Mentors and Mentees

To our amazing mentors on this Thank Your Mentor Day, we salute you! Thank you for carving out time in your life to be an inspiration to others. We appreciate you!

**Interested in Mentoring?**

Given how important mentoring is, you could be a key source of knowledge to a young woman seeking guidance with developing her career. To learn more about FWA mentoring and to get involved contact:

(Baruch College) Betsy Werley,

(Seton Hall University) Carol Doyle or Elizabeth Harper,

(High School) Beth Dorfman, Mindy Kipness, or Kalinka Moudrova-Rothman.