

# Meet Our Mentees – Jelena Deap

[fwa.org/spotlight/meet-our-mentees-jelena-deap/](https://fwa.org/spotlight/meet-our-mentees-jelena-deap/)

Becoming a mentor can boost your professional development while providing encouragement and support to a future leader. The experience can be a cost-effective way to impart learning to a new generation. Let's face it, we all know that mentoring can also be an excellent way to make people feel valued and that there is an investment in their learning and development. Not only is the experience rewarding but you stand a great chance of mutually learning something fresh and insightful.

The FWA's Mentoring Program is a great way for you to build long-lasting relationships. Consider this for example; FWA mentor, Kit Turner, and her mentee, Baruch College student, Jelena Deap have developed a remarkable bond over the last year and

Jelena attributes much of her success to the FWA Mentoring Program for cultivating the connection she now has with Kit. She says, "my experience with Kit has been beyond helpful and amazing. When Kit and I first met through an exchange of e-mails, she immediately made me feel comfortable. Ever since, we've been able to meet up for coffees and lunches, and candidly discuss topics related to my career progression, work-life balance, and corporate etiquette. I can confidently say that Kit has helped me achieve my goals and is someone who has my best interests in mind."

Jelena joined the FWA Mentoring Program with the hope of building confidence, improving her communication skills, and developing a technique for learning how to be open with others. She says, "I was born and raised in Queens, New York, with my older sister. My mom migrated to the United States from China and my dad migrated to the states from Cambodia. A lot of my background and values come from the lessons my dad taught me throughout my life. Growing up, my dad has always stressed the importance of education. That's how I got where I am today, but before I joined the FWA mentoring program, I wasn't very confident in my communication skills. I thought I lacked something very important that is crucial to having a long and successful career. I knew I would be able to improve this skill if I had a mentor to teach me. To have the access to a mentor with years of experience and knowledge is an absolute privilege and I am extremely grateful for Kit."

When asked what she most liked about the program, she states, "As a mentee I can really see how structured and curated this mentorship program is in helping one achieve their personal career goals. I love that each mentee goes through a thorough interviewing process to match



Baruch Mentee Jelena Deap

them to a mentor that will best help them achieve their goals.”

## **Interested in Mentoring?**

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Given how important mentoring is, you could be a key source of knowledge to a young woman seeking guidance with developing her career. To learn more about FWA mentoring and to get involved contact:

(Baruch College) [Betsy Werley](#),

(Seton Hall University) [Carol Doyle](#) or [Elizabeth Harper](#),

(High School) [Beth Dorfman](#), [Mindy Kipness](#), or [Kalinka Moudrova-Rothman](#).